



آسا
آسایش انسان امروز

Date : 26/01/2008

Dear Coordinators of the IDB Award,

It is with great pleasure that I write this letter to you in recommendation of Saideh Ghods as someone whose has devoted her whole life to the betterment of our society.

Two years ago, frustrated with the poor state of women's mental health and their severe struggle with stress, anxiety, and depression, Mrs. Ghods approached a group of health professionals specializing in holistic medicine to create the Center for Holistic Health, ASSA. Since then, ASSA has helped many women live happier, more fulfilling lives by providing them knowledge and tools on how to deal with their emotional and physical shortcomings.

I can say with confidence that what Mrs. Ghods has done with ASSA, and her other endeavors continues to improve wellbeing of many individuals. Mrs. Ghods is a woman who, in both her personal and professional life, demonstrates great kindness, sacrifice, and integrity. She is a leader, an inspiration, and a role model for all Iranian women.

I strongly recommend her to be chosen as the recipient Women's Contribution in Development Prize. It is a great privilege for me to recommend her for this award.

Sincerely

Mahdi Poshtkahi


Board of Directors